

# Skill Assessment for "C" / 1.5 Player

Name \_\_\_\_\_

Date \_\_\_\_\_

Self Rating: Yes \_\_\_\_\_ No \_\_\_\_\_

Date \_\_\_\_\_

Evaluated by: \_\_\_\_\_

To be completed by the Rating Evaluator

## Skill Knowledge

**Yes**    **No**

- |       |       |                                                                   |
|-------|-------|-------------------------------------------------------------------|
| _____ | _____ | Knows some of the basic rules such as two bounce rule and scoring |
| _____ | _____ | Demonstrates a forehand stroke                                    |
| _____ | _____ | Demonstrates a backhand stroke                                    |
| _____ | _____ | Demonstrates a volley                                             |
| _____ | _____ | Demonstrates an overhead shot with some force                     |
| _____ | _____ | Gets some serves into the correct service square                  |
| _____ | _____ | Knows where to stand as the serve team and the return team        |
| _____ | _____ | Has some mobility, moving in a safe and balanced manner           |
| _____ | _____ | Watches the ball and may communicate with partner                 |
| _____ | _____ | May try to hit some dinks                                         |
| _____ | _____ | Knows to come up and play close to the NVZ                        |

**Consistency Goal: Hit 3 shots in a row without making an unforced error**

Must demonstrate a minimum of 6 skills

Evaluator's signature: \_\_\_\_\_ Recommended skill level: \_\_\_\_\_

# Skill Assessment for "B2" / 2.0 Player

Name \_\_\_\_\_

Date \_\_\_\_\_

Self Rating: Yes \_\_\_\_\_ No \_\_\_\_\_

Date \_\_\_\_\_

Evaluated by: \_\_\_\_\_

To be completed by the Rating Evaluator

## Skill Knowledge

**Yes      No**

- \_\_\_\_\_    \_\_\_\_\_ Knows some of the basic rules such as two bounce rule and scoring
- \_\_\_\_\_    \_\_\_\_\_ Demonstrates some control of a forehand stroke
- \_\_\_\_\_    \_\_\_\_\_ Demonstrates some control of a backhand stroke
- \_\_\_\_\_    \_\_\_\_\_ Hitting forehand and backhand shots with force at times
- \_\_\_\_\_    \_\_\_\_\_ Demonstrates a volley
- \_\_\_\_\_    \_\_\_\_\_ Demonstrates an overhead shot with some force
- \_\_\_\_\_    \_\_\_\_\_ Hits most serves into the correct service court, some deep and low
- \_\_\_\_\_    \_\_\_\_\_ Knows correct court positioning as the serve and return team
- \_\_\_\_\_    \_\_\_\_\_ Good mobility, moving in a safe and balanced manner
- \_\_\_\_\_    \_\_\_\_\_ Watches the ball and may communicate with partner
- \_\_\_\_\_    \_\_\_\_\_ Attempting to hit dink and/or lob shots
- \_\_\_\_\_    \_\_\_\_\_ Approaches the NVZ line to hit volleys
- \_\_\_\_\_    \_\_\_\_\_ Keeps the ball in play on short rallies
- \_\_\_\_\_    \_\_\_\_\_ Starting to hit return of serves deep and within 2 feet of net

**Consistency Goal: Hit 6 shots in a row without making an unforced error**

Must demonstrate a minimum of 9 skills

Evaluator's signature: \_\_\_\_\_ Recommended skill level: \_\_\_\_\_

# Skill Assessment for "B1" / 2.5 Player

Name \_\_\_\_\_

Date \_\_\_\_\_

Self Rating: Yes \_\_\_\_\_ No \_\_\_\_\_

Date \_\_\_\_\_

Evaluated by: \_\_\_\_\_

To be completed by the Rating Evaluator

## Skill Knowledge

**Yes      No**

- \_\_\_\_\_ \_\_\_\_\_ Knows basic rules to include scoring
- \_\_\_\_\_ \_\_\_\_\_ Demonstrates control of a forehand stroke (placement, direction, depth)
- \_\_\_\_\_ \_\_\_\_\_ Demonstrates control of a backhand stroke (placement, direction, depth)
- \_\_\_\_\_ \_\_\_\_\_ Demonstrates an overhead shot, some with force and placement
- \_\_\_\_\_ \_\_\_\_\_ Hits serves into the correct service court, some deep and low
- \_\_\_\_\_ \_\_\_\_\_ Demonstrates placement of serves
- \_\_\_\_\_ \_\_\_\_\_ Serve team attempts to approach the NVZ with a slow paced drop shot (3<sup>rd</sup> shot)
- \_\_\_\_\_ \_\_\_\_\_ Attempts to hit return of serve deeper and higher to allow time to get to NVZ
- \_\_\_\_\_ \_\_\_\_\_ Exhibits correct court positioning for doubles and how to move as a team
- \_\_\_\_\_ \_\_\_\_\_ Good mobility, moving in a safe and balanced manner, but quicker
- \_\_\_\_\_ \_\_\_\_\_ Watches the ball and communicates with partner
- \_\_\_\_\_ \_\_\_\_\_ Attempts to sustain a dink exchange at the net
- \_\_\_\_\_ \_\_\_\_\_ Attempts to hit some lob shots
- \_\_\_\_\_ \_\_\_\_\_ Approaches the NVZ quickly rather than staying back
- \_\_\_\_\_ \_\_\_\_\_ Keeps the ball in play on rallies
- \_\_\_\_\_ \_\_\_\_\_ Avoids most balls going out of play
- \_\_\_\_\_ \_\_\_\_\_ Some poaching, aggressive net play

**Consistency Goal: Hit 10 shots in a row without making an unforced error**

Must demonstrate a minimum of 12 skills

Evaluator's signature: \_\_\_\_\_ Recommended skill level: \_\_\_\_\_

# Skill Assessment for "A2" / 3.0 Player

Name \_\_\_\_\_ Date \_\_\_\_\_

Self Rating: Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

To be completed by the Evaluating Captain to identify candidates overall skills and/or deficiencies, **should the candidate fail to be promoted.**

## Skill Knowledge

Yes	No	
_____	_____	Knows all main rules to include scoring & identify score by server
_____	_____	Demonstrates control/consistency of forehand shots (direction, depth, & pace)
_____	_____	Demonstrates control/consistency of backhand shots (direction, depth, & pace)
_____	_____	Variety of serves to include short, long and placement
_____	_____	Uses deeper and higher returns of serve to approach the net quicker
_____	_____	Able to hit soft / short return of serve when appropriate
_____	_____	Quickly approaches the non volley zone
_____	_____	Able to play with partners effectively using court strategies
_____	_____	Avoids hitting most balls going out of play
_____	_____	Consistently returning lower balls over the net
_____	_____	Demonstrates a wide variety of shots with some consistency
_____	_____	Uses slower paced shots vs faster paced shots to their advantage
_____	_____	Able to create coverage gaps and then hit to those gaps
_____	_____	Sustain a volley session at the net with some placement and control
_____	_____	Initiates and maintains a sustained dink exchange at the net
_____	_____	Utilizes a slow paced drop shot to approach the net (3 <sup>rd</sup> shot)
_____	_____	Able to adjust to differing ball speeds consistently
_____	_____	Hits overhead shots with control and placement
_____	_____	Uses a forehand and backhand lob when appropriate
_____	_____	Exhibits patience during rallies
_____	_____	Has good mobility, to include quickness
_____	_____	Has good hand / eye coordination

**Consistency Goal: Hit 20 shots in a row without making an unforced error**

Evaluator's signature: \_\_\_\_\_ Recommended skill level: \_\_\_\_\_

## Skill Assessment for "A1" / 3.5+ Player

Name \_\_\_\_\_ Date \_\_\_\_\_

Self Rating: Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

To be completed by the Evaluating Captain to identify candidates overall skills and/or deficiencies, **should the candidate fail to be promoted.**

### Skill Knowledge

Yes	No	
_____	_____	Variety of serves to include short, long and placement
_____	_____	Uses deeper and higher returns of serve to approach the net quicker
_____	_____	Able to hit soft / short return of serve when appropriate
_____	_____	Consistent forehand & backhand shots (direction, depth, placement & pace)
_____	_____	Consistent and dependable overhead shots (direction, depth, placement & pace)
_____	_____	Consistent and dependable volleys
_____	_____	Executes successful slow paced (3 <sup>rd</sup> shot) from baseline to approach net
_____	_____	Initiates and maintains a sustained dink exchange to elicit a "put away" shot
_____	_____	Able to change a slow paced strategy to a fast paced strategy, & vice versa
_____	_____	Can block and return fast, hard volleys
_____	_____	Can handle hard shots without over-hitting or hitting out-of-bounds
_____	_____	Moves effectively with partner, easily switching sides & communicates when
_____	_____	Controls play at the NVZ, keeping opponent back, driving them off the line
_____	_____	Consistently creates coverage gaps and hits to those gaps
_____	_____	Recognizes and exploits weaknesses in their opponent's game
_____	_____	Poaches effectively
_____	_____	Developing the use of spin on a variety of shots
_____	_____	Avoids hitting most balls going out of play
_____	_____	Accuracy and use of lobs when appropriate
_____	_____	Exhibits patience during rallies
_____	_____	Has good mobility, to include quickness
_____	_____	Has good hand / eye coordination

**Consistency Goal: Hit 30 shots in a row without making an unforced error**

Evaluator's signature: \_\_\_\_\_ Recommended skill level: \_\_\_\_\_