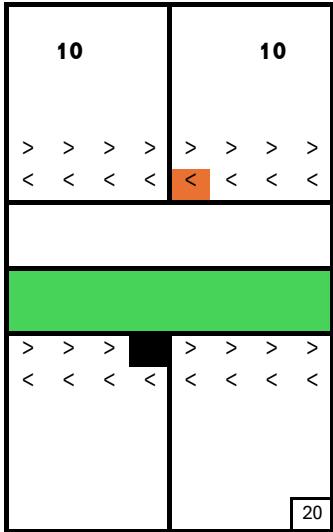
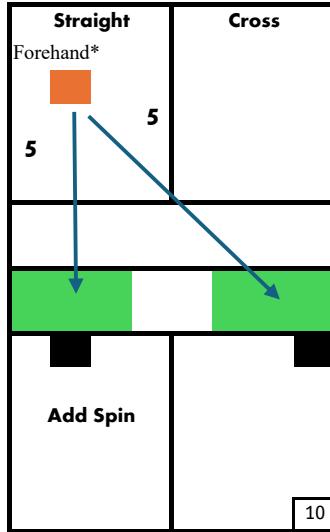


## FEEDER PRACTICE VISUALIZATION AID 4.0

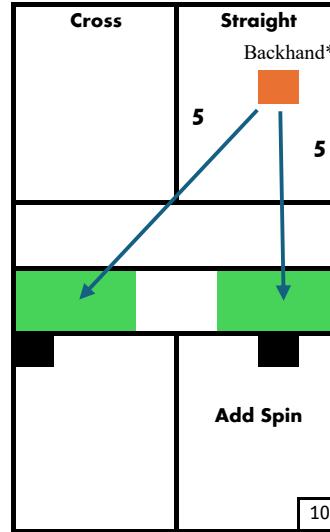
### DINK (WIPER) 4.0



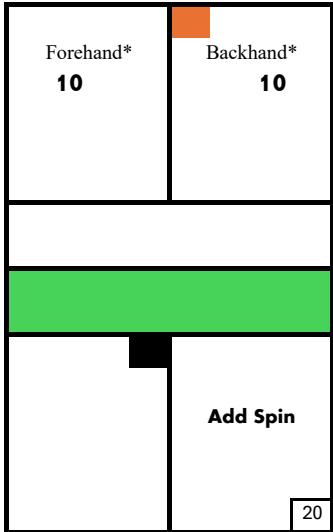
### FH DROP TRANS 4.0



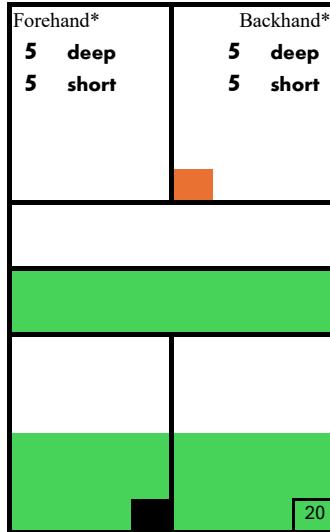
### BH DROP TRANS 4.0



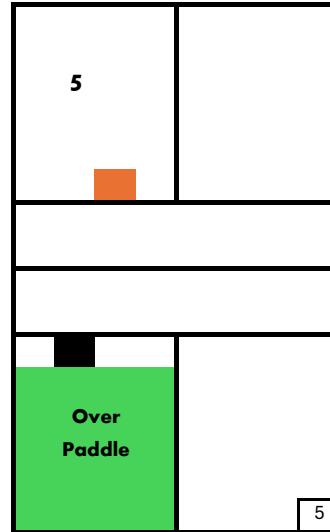
### DROP BASELINE 4.0



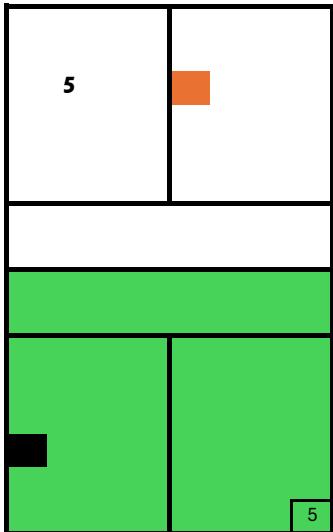
### VOLLEY DP & SHORT 4.0



### OFFENSIVE LOB 4.0



### OVERHEAD 4.0



█ Candidate position  
█ Feeder position  
█ Court area in which ball must land to receive credit  
\* If player is left handed, switch lineups accordingly  
> Lateral movement required as part of this skill  
20 Total number of feeds for this skill

█ Desired direction for this skill  
Add spin. Top spin and underspin will be added to the feeds  
Short volley is a block shot into the kitchen from a fast feed

For training and visualization purposes only. Depictions are approximate.

Any discrepancies between this aid and the Scoring Sheet, the Scoring Sheet takes precedence.