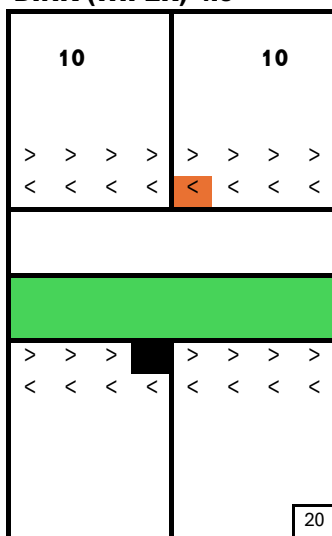
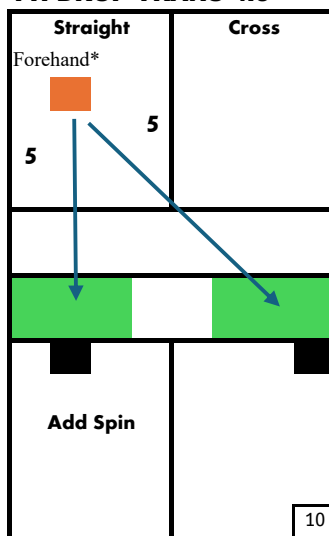


## FEEDER PRACTICE VISUALIZATION AID 4.0

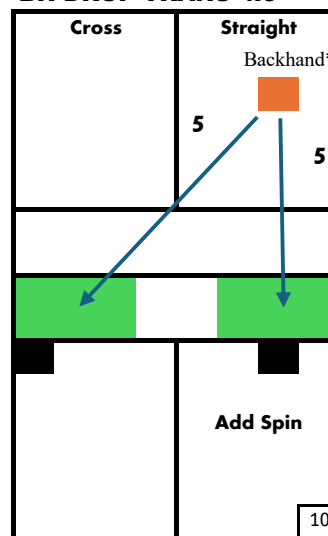
### DINK (WIPER) 4.0



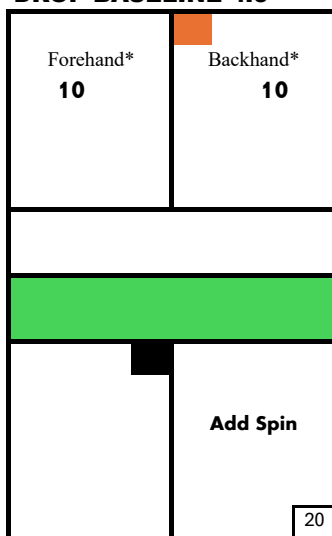
### FH DROP TRANS 4.0



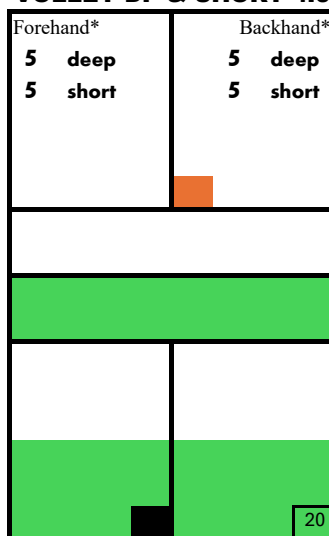
### BH DROP TRANS 4.0



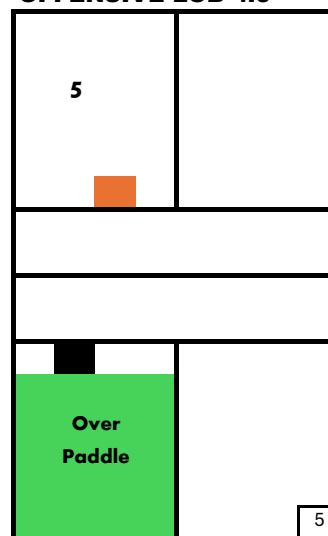
### DROP BASELINE 4.0



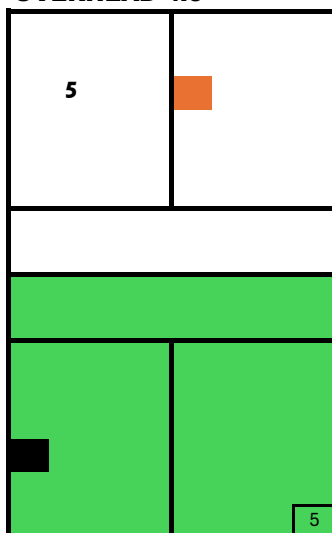
### VOLLEY DP & SHORT 4.0



### OFFENSIVE LOB 4.0



### OVERHEAD 4.0



- Candidate position
  - Feeder position
  - Court area in which ball must land to receive credit
  - \* If player is left handed, switch lineups accordingly
  - > Lateral movement required as part of this skill
  - 20 Total number of feeds for this skill
  - Desired direction for this skill
- Add spin. Top spin and underspin will be added to the feeds
- Short volley is a block shot into the kitchen from a fast feed

For training and visualization purposes only. Depictions are approximate.

Any discrepancies between this aid and the Scoring Sheet, the Scoring Sheet takes precedence.